VIEWING YOUR DATA

Understanding your data

Our app will record your motion while you use your device, and saves that motion data every fifteen seconds.

The data points you see are the average amplitude of tremor that you experience for that time window. All your data is filtered for tremor occurring in the 8-12 Hz range, so this is a good characteristic for how intense your tremor is.

Toggling between view modes

You can view your data at hourly, daily, weekly, or monthly scales to look for trends. To do this, select either day or week at the bottom of the screen.

What to do if you have a concern about what you see

If at any time you experience a medical emergency, call 911. If you have questions or concerns about your data please contact your care provider.