

Background

- The **sub-THz frequency band** (>100GHz) has attracted increasing interest for emerging applications such as **high-resolution radar, imaging, and high-data-rate wireless communications**.
- For antennas, sub-THz systems commonly rely on **on-chip antennas (AoC), horn antennas, or AoC-plus-lens solutions**.
- However, **AoCs** have very **low gain** (<0 dBi), **silicon lenses** are **expensive and bulky**, and **horn antennas** have **large vertical height**.

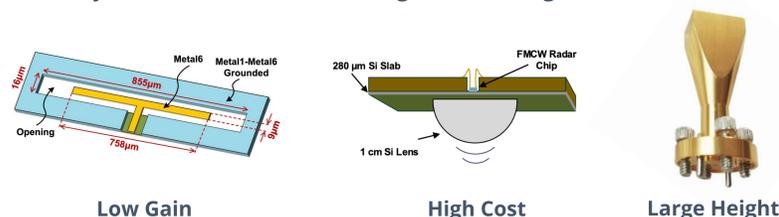


Fig. 1 Comparison of sub-THz antennas

- These limitations led to new demand for **low-cost, high gain and low-profile sub-THz antennas**.

Solution

- Among the off-chip antennas, **dielectric antennas** have gained increasing attention due to their **negligible conductive loss** and **favorable performance at millimeter-wave and sub-THz frequencies**.
- In terms of fabrication, the most used fabrication method is **computer numerical control (CNC) machining**. The **micrometer-level precision** demands highly specialized 3D CNC equipment, which is expensive, occupies a large footprint as Fig.2 (left) shows.



Fig. 2 Comparison of 3D CNC (left) and 2.5D CNC (right) machine

- One alternative is **2.5D milling** using PCB manufacturing machines. These machines offer excellent **in-plane (XY) accuracy**, often reaching **micrometer-level precision**, while being relatively **low-cost** and **compact**, making them suitable for **in-house deployment** in RF laboratories.

Antenna Design

- The proposed **antenna array** consists of **three main parts: power dividers, dielectric grating array, and waveguide-to-dielectric waveguide transition**, as Fig. 3 shows. The overall dimensions of the proposed antenna are **69 mm × 7.5 mm × 1.2 mm**.

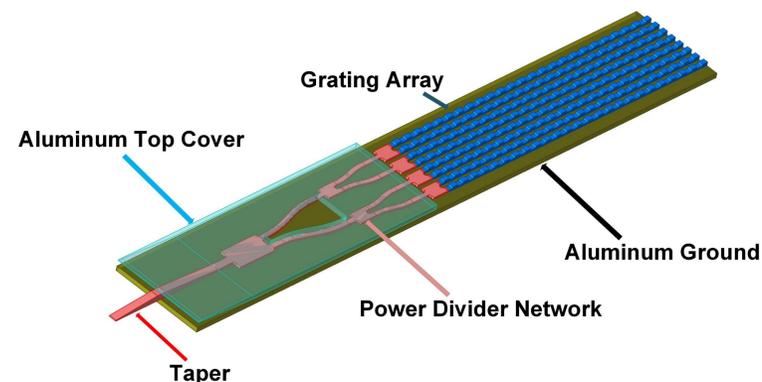


Fig. 3 The proposed antenna array

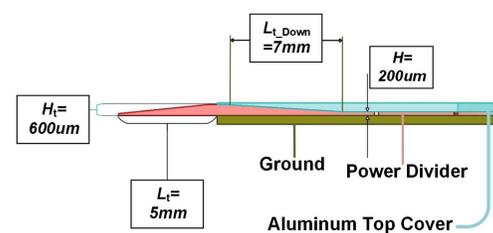


Fig. 4 Dimensions of taper

- To excite the proposed antenna array, a **WR-5 rectangular metal waveguide** operating from 140 GHz to 220 GHz is employed as the input feed. Then the **dielectric waveguide** section is designed to **be inserted into the WR-5 waveguide** to enable efficient electromagnetic coupling. Fig.4 shows the sideview of feeding structure.

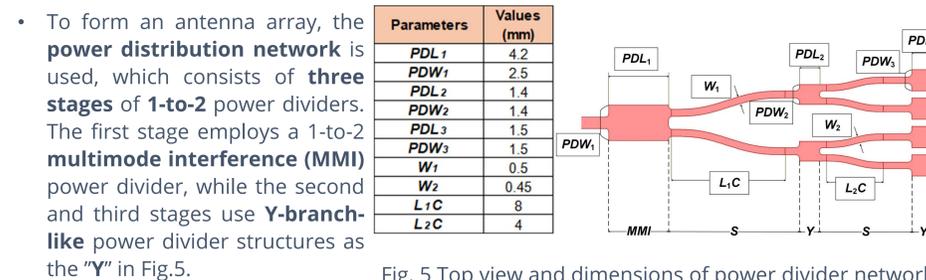


Fig. 5 Top view and dimensions of power divider network

- To form an antenna array, the **power distribution network** is used, which consists of **three stages of 1-to-2 power dividers**. The first stage employs a **1-to-2 multimode interference (MMI)** power divider, while the second and third stages use **Y-branch-like power divider structures** as the "Y" in Fig.5.

- S-bend** dielectric waveguides are used to interconnect adjacent stages. The **slope** of the S-bend is **zero** at both the **beginning** and the **end**, theoretically providing a **smooth waveguide transition** and minimizing modal perturbations and field tumbling.

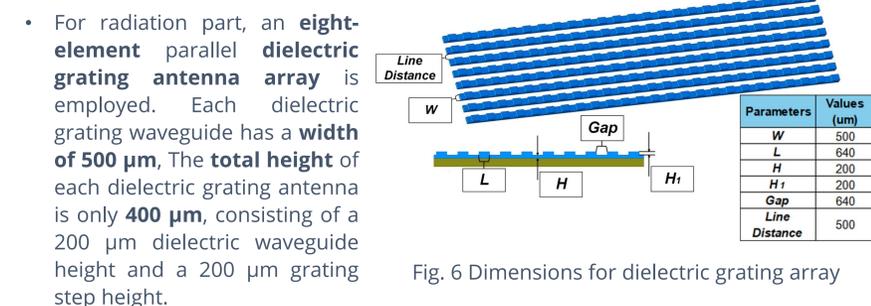


Fig. 6 Dimensions for dielectric grating array step height.

Simulation Results

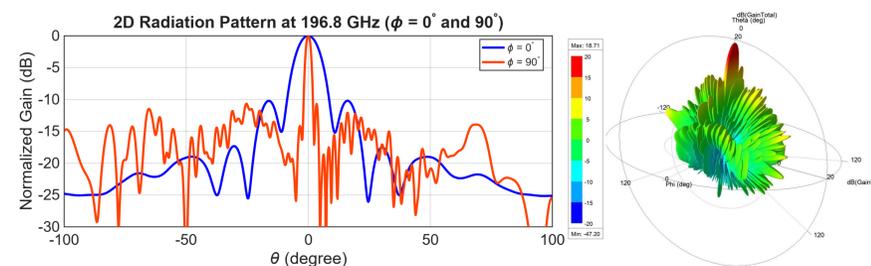


Fig. 7 Simulated 2D (left) and 3D (right) radiation pattern

- Fig.7 shows the 2D and 3D radiation pattern, which indicates that the **center operating frequency** of the proposed antenna is approximately **196.8 GHz**, where the **peak gain** is **18.71 dBi**. The 2D pattern shows that the **3-dB beamwidth** is **2.4°** at $\phi = 90^\circ$ and **10°** at $\phi = 0^\circ$, indicating a highly directive radiation characteristic.

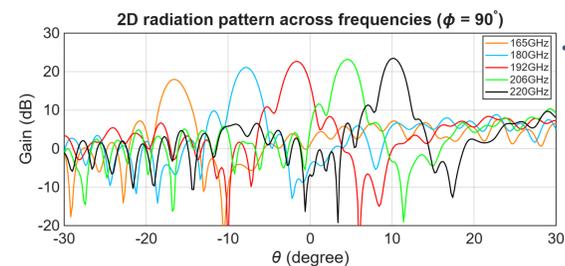


Fig. 8 2D radiation pattern across frequencies at $\phi = 90^\circ$

- The grating antenna is a type of leaky-wave antenna (LWA), which the beam location is frequency dependent, as Fig. 8 shows, the beam direction shifts from -17° To 10° . It also demonstrates the **55 GHz** operating **bandwidth** from 165 GHz to 220 GHz.

- In conclusion, this work presents a **fully planar dielectric grating antenna array** operating in the sub-THz frequency range and compatible **with low-cost 2.5D milling fabrication**. The proposed design eliminates the need for tall structures or expensive quasi-optical components, demonstrates the feasibility of **rapid, in-house fabrication of high-performance sub-THz dielectric planar antennas**.

Publication:
Zhuoran Wu, Hossein Naghavi, "A Low-Cost Dielectric Grating Planar Array Antenna for Broadband Sub-THz Systems," in 2026 IEEE International Symposium on Antennas and Propagation (IEEE AP-5), under review.